



Base Bulletin

Vandenberg AFB, CA 93437-0759



8 December 2004

No. 49

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to publishing.vafb@vandenberg.af.mil or to Vandenberg Publishing on the Global e-mail or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCBP by noon on Monday (by noon the preceding Friday if a holiday occurs on Monday or Tuesday), to meet the Wednesday publishing date. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. Unit Security Manager Meeting: The Annual Unit Security Manager/Facility Security Officer Meeting will be held at the Pacific Coast Club on 8 Dec 04 at 1030. This is a mandatory meeting; the primary or alternate security manager/FSO must attend. If unable to attend, a designated person must represent the organization. Please direct any questions to SSgt Scott Wagner, Base Information Security at 6-4354. (30SFS/SFAI).

b. 2004 Base Tree/Menorah Lighting Ceremony And Parade Rescheduled: On Thursday, 9 Dec 04, the Parade will begin at the Commissary at 1700. Participants need to be there at 1630. The Tree/Menorah Lighting Ceremony will begin at 1830 in front of Bldg 11777. Santa Claus will be there to greet the kids following the ceremony. All are invited! If you have any questions please contact 2d Lt Candida Rodriguez at 6-1043. (381TRSS/CSS)

c. Retirement Ceremony: Lt Colonel Douglas E. James, Deputy Commander, 30th Mission Support Group cordially invites you to attend a retirement ceremony honoring Mr. Kal Huler, Mr. Gary Sweet and Ms. Joyce Culliver, all of the 30th Contracting Squadron, on Thursday, 9 Dec 04, at 1100, Pacific Coast Club, Ballroom No. 3. Heavy hors d'oeuvres will be served. Cost is \$6.00. Please call Teresa McGary at 6-6634 or Ellie Anderson at 6-4692. Military attire: Duty uniform. Civilians: Civilian attire. (30CONS/LGCZH)

d. Winter Information Technology Expo: The 2004 Winter Information Technology Expo will take place at the Pacific Coast Club on Thursday, 9 Dec 04. There is no fee to attend and all personnel are invited. View and demo some of the latest products and services on the market today. Exhibit topics include Air Force PKI, Information Assurance/Security Solutions, Desktops, Laptops, Servers, Wireless Solutions, CAD/GIS Mapping Solutions, Presentation Systems, Training, Office Automation, Ergonomics, and much more. To pre-register visit <http://www.fedpage.com/> (not required but appreciated). All pre-registered attendees will be entered in a drawing for a chance to win a Palm Pilot. Complimentary refreshments and a light lunch buffet will be served. For more information e-mail dennis@fbcdm.com or call 1-(800) 247-6353.

e. AETC Special Duty Assignment Briefing: The AETC Special Duty Assignment Team will visit Vandenberg AFB on Thursday, 9 Dec 04. The team will give a briefing on Military Training Instructor (MTI) duty, Recruiter duty, and other AETC special duties from 0830—1030 in the 381st Training Group Auditorium, Bldg 8290. SrA with at least 36 months Time In Service (TIS) through MSgts with less than 17 years Total Active Federal Military Service (TAFMS) are eligible to apply. If you are interested in learning more about the challenges and rewards of Recruiter, MTI, and other AETC special duty opportunities make it a point to attend. Applications will be accepted on the spot. To obtain a copy of the AETC Special Duty Application contact SMSgt Brian Robertson, Team Vandenberg Career Assistance Advisor, at 6-9815 or stop by Bldg 10364 (behind the Bowling Alley). (30SW/CAA)

TEAM VANDENBERG

f. Unit Security Manager Formal Training: The 30SFS Information Security staff will conduct a "Security Managers Formal Training Course" on 15-16 Dec 04 at the Airman Leadership School. All units are required to have their respective security managers formally trained within 90 days of appointment. Class hours will be 0800—1600 on both days. Contact your Unit Security Manager or SSgt Scott Wagner, Base Information Security at 6-4354 to enroll. (30SFS/SFAI).

g. Annual Classified Clean Out Day: Vandenberg's Annual Classified Information "Clean-Out" Day is scheduled for 17 Dec 04. This DoD requirement is designed to reduce classified information to only that which is necessary for mission accomplishment. The Base Central Destruction Facility (CDF) will be available for use between the hours of 0800—1600. Please direct any questions to your Unit Security Manager or SSgt Scott Wagner, Base Information Security at 6-4354. (30SFS/SFAI).

h. Family Liaison Officer (FLO) Training: FLO Training will be held on 17 Dec 04 from 1000—1200 and 1400—1600 at the Vandenberg Center's Auditorium. All personnel appointed as a FLO for their squadron must attend one of these sessions. IAW AFI 34-1101, it is recommended every unit provide a minimum of two FLO representatives (one officer and one senior enlisted). Units must have a current letter on file not to exceed 6 months. If units do not have current letter on file please accomplish and forward to Mr. Carrillo at 30SVS/SVMM. (30SVS/SVMM, 6-3653)

i. ALS Instructor Position: The Vandenberg Airman Leadership School (ALS) is now accepting applications for an instructor position. Applicants should be a Staff Sergeant or Staff Sergeant select, have 48 months retainability, and have completed, or within one year of completing, their CCAF degree. Volunteer through AMS, Equal PLUS, by 19 Dec 04. For more information, contact MSgt Michael Cousins at DSN 276-5595 or 275-8759. (30MSS/DPN)

j. Modular Furniture Available: The 30th Mission Support Squadron, Military Personnel Flight (Bldg 11777) will have an abundance of modular furniture available in January for your office needs. The furniture will need to have claim tags attached to it by the claimers, and the claimers will need to arrange to have the furniture moved between 3 and 4 Jan 05. Please contact TSgt William T. Brown Jr. at 6-7756 or 6-2276 if interested. In addition, please contact Harmony at 6-6284, Rm B202, for excess office furniture. (30MSS/DPF)

k. 2005 Internal ECAMP Audit: The Environmental Compliance Assessment and Management Program (ECAMP) audit will be conducted 24-28 January 05. This audit will cover the environmental protocols as found in AFI 32-7045. ECAMP team members will be visiting wing, tenant, and contractor organizations during the audit. The Team Guides will be posted on the 30CES/CEV web page https://intranet.vandenberg.af.mil/30_MSG/30-ces/Environmental/index.html. Please contact John Woods at 5-0633 for additional information. (30CES/CEVV)

l. Volunteers Needed: Volunteers are needed for the upcoming Volunteer Income Tax Assistance (VITA) program on Vandenberg AFB. No prior experience is required. As members of the VITA Team, volunteers are trained in the computerized preparation and electronic filing of income tax returns. Once trained, they are then called upon to provide income tax assistance to the Vandenberg Air Force base military community during the tax season. Military retired and civilians are encouraged to volunteer their free time to work. Training, starting in January, is provided for preparation of Federal and California returns. If you are interested in helping your active duty and retired military community, please call 6-3650. (30SW/JA)

m. Military Equal Opportunity (MEO): Under the Equal Opportunity and Treatment (EOT) Program when necessary, military members, their families, and military retirees can file formal complaints. Complaints should be filed within 60 days, unless there is justification or extenuating circumstances. Formal complaints are processed in 20 duty days (sexual harassment complaints are processed in 14 duty days and have additional reporting requirements). The MEO Office conducts a complaint clarification in nine duty days, and the report is submitted to the legal office for a legal review in six duty days, and the commander has five duty days to outline intended action in confirmed cases. For additional information relating to the EOT complaint process please call the 30th Space Wing MEO Office at 6-0370. (30SW/ME)

n. Airmen Against Drunk Driving (AADD): Think Safety Before You Start!! Here are your choices for a safe ride home: Call AADD at 605-AADD/606-AADD for an anonymous free ride home, or get a complimentary ride from your First Sergeant when you have to be picked up. Tough decision? (30CES/CEOM, 6-7760)

2. 30th Space Communications Squadron: (30SCS)

a. Deployed Member's Mailing: The United States Postal Service is offering free packing materials to spouses and families of military members who are deployed overseas. To take advantage of this service call: 1-800-610-8734 (press 1 for English & then 3 for an operator). They will send you a free kit that includes 10 boxes, packing materials, priority mailing tape and mailing labels. These products are to only be used to mail

care packages to service members. You must still pay normal postage. For more details contact Julio Newman, 6-6545. (30SCS/BITC)

b. New 30th Space Wing IMTs: 30SWIMT2, **Records Management (RM) Appointment** and 30SWIMT3, **Establishment/Deletion for an Office of Record** are now available at AFSPC Subordinate Unit Publications/Forms web site and will be available on E-Publishing in the near future. (30SCS/SCBP, 6-7892/4)

3. Traffic Management Office (TMO): (30LRS)

a. Attention TMO Customers: If you have recently arrived PCS and have household goods in storage awaiting quarters, schedule delivery of your personal property as soon as you have a firm address and move in date. Local agents may not be able to provide prompt delivery services if they are not provided sufficient lead-time. Please contact MSgt Scott at 6-0904. (30LRS/LGRT)

b. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick-up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. (30LRS/LGRT, 6-0904)

4. Military Personnel Flight: (30MSS/DPMP)

a. Military Personnel Flight (MPF) Customer Walk-in Hours: The MPF Customer Service (ID Cards & Records), located in Bldg 11777/C-114, walk-in hours are: Monday, Tuesday & Thursday from 0800—1500, Wednesday from 1000—1600, and Friday from 0800—1600. All other MPF Office walk-in hours are from 0900—1500. Appointments may be made outside the times listed, by contacting the appropriate office. The MPF has mandatory Warfit Monday, Tuesday & Thursday afternoons and will stop taking new customers at 1500. For further information call SMSgt Walker at 6-7719.

b. The MPF Weekly: For the most current Personnel information, please check out the *MPF Weekly*. The 3 Dec 04 edition is now posted on the Vandenberg Intranet, link: https://intranet.vandenberg.af.mil/30_msg/30-mss/mpf/mpf_weekly/2004_archive/dec-04-03.doc

5. Civilian Personnel Flight: (30MSS/DPCE)

a. Voluntary Leave Transfer Program: Vandenberg AFB currently has six employees in need of donated leave. Alana Davenport - 30CES/CEOE, Loneta Kelly - 30MSS/DPCE, Bruce Dufresne - 2ROPS/DOUS, Christine Holly-Vickers - 30SW/JA, Fidel G. Terrones - 30CES/CEOIE, and Rickey Alexander - 30CES/CEOF4. We also have a list of over 55 other Air Force employees who are in need of your assistance. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. Go by Bldg 11777, Rm B-103 to pick-up and/or turn in your form or access this form at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf

b. Federal Employees Health Benefits (FEHB) Open Season: Open enrollment period ends on 13 Dec 04. Eligible employees may enroll in a health insurance plan for the first time, or make desired changes in current enrollments by contacting the Benefits and Entitlements Service Team (BEST) at 1-800-616-3775, TDD 1-800-382-0893 or at the EBIS web site www.afpc.randolph.af.mil/dpc/BEST_GRB/EBIS.htm. To give Federal employees more options that empower personal decision-making 18 High-Deductible Health Plans (HDHP), both local and national, will be offered by the FEHB Program in 2005. These health plans, together with a Health Savings Account or a Health Reimbursement Arrangement provide a tax advantaged savings vehicle for paying for your medical expenses. The Office of Personnel Management web site, www.opm.gov/insure/health/, has a wealth of information on important benefits.

c. Thrift Savings Plan (TSP) Open Season: Open season ends on 31 Dec 04. FERS employees may elect to contribute up to 15% of their basic pay and CSRS employees may contribute up to 10% of the basic pay. The new contribution amounts will be effective as early as 12 Dec 04, dependent upon the date of the election. The IRS annual limit on elective deferrals increased to \$13,000 for 2004, the deferral limit for 2005 will be \$14,000. Federal civilian employees must use the BEST automated phone system, 1-800-616-3775 TDD number 1-800-382-0893, or the EBIS web application to make elections. EBIS is a secure site that is accessed through the AFPC Secure Web. Go to www.afpc.randolph.af.mil/dpc/BEST_GRB/EBIS.htm. Hard copy forms (TSP-1) are not used by the Air Force to make open season election. You must utilize the BEST phone system or EBIS. To allocate the funds you are contributing to, access the TSP website at www.tsp.gov/.

d. TSP Catch-Up Contributions: If you are age 50 or older and are already contributing the maximum amount of regular TSP contributions for which you are eligible, you may elect to make up to \$4000 for 2005 in catch-up contributions. Since the limit changes each year, you must make a new election each calendar

year. Enrollment for calendar year 2005 begins on 12 Dec 04. Checkout BEST's site at www.afpc.randolph.af.mil/dpc/best/tsp-page.htm for additional information. Remember, you are still subject to the IRS deferral limit.

6. 30th Medical Group: (30MDG, 6-7440)

a. Flu Shots: The Vandenberg Clinic will be offering flu shots for our high risk TRICARE beneficiaries at the Vandenberg Center on 16 Dec 04 from 0800—1130 and 1300—1530! High risk is defined as people 65 and over, children ages 6 months to 23 months, adults and children with a chronic medical illness (i.e. asthma, weakened immune system diabetes etc.), children ages 6 months to 18 years on chronic aspirin therapy, pregnant women over 14 weeks, caregivers and contacts of children under 6 months of age. Please bring a script from your doctor if you have one. Flu shots may also be obtained at the Immunizations Clinic.

b. Clinic Closure: The Vandenberg Clinic will be closed 23 and 24 Dec 04 for Christmas and 30 and 31 Dec 04 for New Year's Day. For urgent needs please call 606-CARE or 888-252-3299. Please plan ahead for appointments and pharmacy refills. For more details contact Capt Clemens at 6-5327. (30MDOS/SGO).

7. 30th Security Forces Squadron: (30SFS/SFOS, 5-0792)

Installation Entry Gate Hours: The Santa Maria, Solvang, South and Timber Lane Gates are open 24 hours a day. The Utah Gate is open from 0600—2200, Monday thru Sunday. The Lompoc Gate is open from 0600—1900, Monday thru Sunday. The Titan gate is open from 0600—0900 and 1500—1800, Monday thru Friday. (30SFS/SFOC, 6-3911)

8. 30th Civil Engineering Squadron: (30CES)

a. Attention All Facility Managers: Please ensure that Civil Engineering (CE) Customer Service has the correct Primary and/or Alternate Facility Manager assigned to your building. Call CE Customer Service at 6-0010 to verify the correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing Pamphlet 32-3 attachment 1. The form must be signed by Unit Commander or equivalent and forwarded to CE Customer Service. Facility Manager training is on the third Wednesday of the month at 1000 in Bldg 11439, Rm 109, CES Conf. Rm. (30CES/CEOFP, 6-0010)

b. Recreational Vehicles, Boats and Trailers: A recreational vehicle (RV) is defined as that which could reasonably be judged to be one or more of the following: boat, camper, cargo truck, motor home, or pickup camper if the camper or camper shell is wider or longer than the pickup bed or trailer. Store recreational vehicles and pickup trucks with campers not used as daily transportation in the RV storage area, located in the northeast corner of 13th Street and New Mexico Ave. The Outdoor Recreational Center controls the storage lot. Recreational vehicles may be parked in the housing area for a period not to exceed 72 hours for loading, unloading, or cleaning purposes. Contact Capt Jokinen, 6-3477. (30CES/CEH)

c. Emergency Contact Numbers: Please review this vital Vandenberg Air Force Base Emergency Reporting Information. If you have any questions contact Fire Inspector James McLean at 6-4680. (30CES/CEF)

Vandenberg Air Force Base Emergency Reporting Information:

From a Base Building With a Prefix of 605 or 606

Dial 911

From Base Housing With a 734 Prefix

Dial 911

From a Cell Phone

Dial 734-4117

When Reporting An Emergency, Give The 911 Operator:

Your Name

Location of the Incident

Nature of the Emergency

OFFICIAL

FRANK GALLEGOS
Colonel, USAF
Commander

Karen L. Dean
Chief, Publishing Management

SECTION III — UNOFFICIAL**General Information:**

a. Base Theater Marquee: The following movies will be shown at the Base Theater, Bldg 13750. Call 6-5565 for movie information or e-mail Vanessa Probert at ProbertV@aafes.com. (AAFES)

Day	Date	Movie	Rating	Opens	Starts
Thursday	9 Dec 04	Ray	PG-13	1830	1900
Friday	10 Dec 04	Alfie	R	1830	1900
Saturday	11 Dec 04	The Incredibles	PG	1330	1400

b. Food Service Events: For more details contact SSgt Bethany Lopez at 6-5496. (30SVS/SVMF)

Monday	Date	Event	Start Time	Location
Wednesday	8 Dec 04	Hanukkah Meal	1100	Breakers & Beachcomber
Monday	13 Dec 04	National Ice Cream Day	1100 & 1630	Breakers
Saturday	25 Dec 04	Christmas Meal	1100—1400	Breakers

c. Furniture Sale: We are conducting an ongoing Non-Appropriated Funds (NAF) furniture sale at Bldg 10250, NAF Resale Section, to include upholstered chairs, end tables, drapes and more at bargain prices. New items arriving weekly. Call 6-5908 if you have any questions. (Sheila Carroll, 30SVS/SVML, 6-9704)

d. NAACP Scholarship Fundraiser: On Friday, 10 Dec 04 the Santa Maria-Lompoc Chapter of the NAACP will sponsor a Fashion Show featuring the Hamilton Vogue Esquire Models of Chicago. It will be held at the Rancho Santa Barbara Marriott Hotel, 555 McMurray Road in Buellton. Doors open at 1830. Donation is \$50 and includes dinner. For tickets and information call 1Lt Isaac Wright at 5-4910. (2SLS/MAFD)

e. Vandenberg AFB "Flyers" Cheerleading Squad: Team Vandenberg is invited to a BBQ! Our girls have won an invitation to a National Competition in Las Vegas, NV next year, so we're doing a BBQ Fundraiser to help with the trip. On Friday, 10 Dec 04, from 1000—1400 at the Library/Vet Clinic parking lot (across from gas station) you'll get a complete BBQ Chicken lunch for a \$6.00 donation. Get your advance lunch tickets from any girl on the squad, at the Youth Center or call 606-2152 and ask for Brandye Frederick. Please come out and support your very own girls from the Vandenberg "FLYERS".

f. AFSA Chapter 1356 General Membership Meeting: Air Force Sergeant's Association, Chapter 1356 is conducting a general membership meeting at 1530, 14 Dec 04, Supply, Bldg 8339, 2nd Floor, Rm 2 located on the corner of 8th St and New Mexico Avenue. AFSA membership is open to all active duty and retired enlisted military. AFSA lobbyists continue to inform members of Congress of the sacrifices those who wear and have worn the uniform, (and their families) make on a daily basis for the protection of the American way-of-life. From fighting for full pay raises for those still wearing the uniform, to full on-time cost of living allowances (COLA) for retirees, AFSA continues to lead the way to preserve and improve the quality-of-life for its members. AFSA Chapter 1356 needs Team Vandenberg's support. For additional information, please contact the AFSA President, SMSgt Williams at 6-1568. (30SCS/SCBH)

g. NCOA Meeting: The next Noncommissioned Officer Association (NCOA) meeting will be held in the Quiet Room of the Pacific Coast Club at 1500 on Friday, 17 Dec 04. For more information call SSgt Najera at 6-1618. (30SW/CCA)

h. Attention Military Personnel Assigned to Vandenberg: You can book ahead for the Christmas holidays and may confirm stays up to 10 days in VQ quarters for only \$28.50 per night, now until 5 Jan 05. This offer is for the friends and relatives of military personnel assigned to this base. **Going To A Holiday Party?** Spend the night at Lodging for only \$28.50 per night. You may book a VQ, in advance for your party night. To be eligible you must be active duty military/retired military or civilian (DOD) on active duty. Offers expire 5 Jan 05. Call Mike Green, 5-7831/6-1844, for 0-6/above, call 6-3711. (30SVS/SVML)

Health And Wellness Center: (30MDG/HAWC, 6-2221)

a. Breastfeeding/Child Care and Prenatal/Postpartum Exercise Education: The HAWC offers several in-depth books and videos which cover everything from your baby's health to your health, including exercising during your pregnancy. Come in during our duty hours to view the videos or pick-up informative books.

b. Risk Reduction Series for Cholesterol, Diabetes and Blood Pressure Education: Weekly classes, Thursdays 1300—1500, instructed by a Registered Dietitian and Diet Technician. Topics covered include: Diabetes Life Style and Meal Planning, Cholesterol Risk and Heart Healthy Eating, High Blood Pressure Education and the DASH Diet. 1st Thursday of the month is Diabetes, 2nd Thursday, Cholesterol, and the 3rd Thursday is the High Blood Pressure Ed. The follow up classes are also on Thursdays from 1200—1300.

Chapel: (30SW/HC, 6-5773)

a. Regular Worship Schedule:

Catholic Mass:	Saturday	1700	Chapel 2	Protestant Services:			
Confessions	Saturday	1615—1645	Chapel 2	Praise & Worship	Sunday	0830	Chapel 2
Mass	Sunday	1000	Chapel 1	Gospel	Sunday	1130	Chapel 2
Daily Mass	Mon-Fri	1130	Chapel 2	Traditional	Sunday	1130	Chapel 1

b. Holiday Worship Service Schedule: Please call the Chapel at 6-5773 for further Holiday information or activities.

Day	Date	Time	Worship Service	Location
Wednesday	8 Dec 04	1900	Immaculate Conception Mass	Chapel 1
Friday	10 Dec 04	1800	Annual Hanukkah Celebration	Chapel 1
Saturday	11 Dec 04	1800	Gospel Christmas Concert	Chapel 1
Tuesday	14 Dec 04	1900	Penance Service	Chapel 2
Friday	24 Dec 04	1700	Children's Christmas Eve Mass	Chapel 1
Friday	24 Dec 04	1900	Protestant Christmas Eve Candlelight Service	Chapel 1
Saturday	25 Dec 04	1000	Christmas Mass	Chapel 1
Friday	31 Dec 04	2130	Watchnight Service	Chapel 1

c. Monthly Prayer Breakfast: Come and join us for our monthly prayer breakfast this Thursday, 9 Dec 04, at 0630 at the Chapel 1 Annex. SrA Caron Smith, 30SCS will be our guest speaker.

d. Hanukkah Celebration And Dinner: The Vandenberg Jewish Community will have our Annual Hanukkah Celebration and Dinner on Friday, 10 Dec 04 at 1800. The celebration and dinner will be at Chapel 1 Sanctuary and Annex. For more information, please contact Randee VanNess at 734-3311.

e. Gospel Christmas Concert: The VAFB Gospel Choir presents it's Fourth Annual Christmas Musical, entitled, "We Worship Christ the King". It will be held on Saturday, 11 Dec 04 at 1800 in Chapel 1. Come join us as we celebrate the Christmas season in song and witness the play, "The Little Angels", by Ruth Veselka. For more information please contact SSgt Albert Williams at 6-9061.

Global Hearts Group: (30SVS/SVMX, 30MSS/DPF, 30SW/HC)

a. Global Hearts Group: The Global Hearts Group is collaboration between the Family Support Center, Chapel and Services Squadron. It is available to all active duty military families in which the member is deployed, deploying, on a remote, or on a 30+ day TDY. Please contact TSgt Sheila White, 6-0039 or SSgt Bethany Lopez, 6-5496 for more details. (30SVS/SVMX)

b. Operation Sweet Dreams: This is an ongoing service for our deployed/deploying members. Just contact the Family Support Center to get a picture of your family on a pillowcase. Please contact TSgt Sheila White, 6-0039 or SSgt Bethany Lopez, 6-5496 for more details. (30SVS/SVMX)

c. Deployed Spouses Night: Deployed Spouses Night is back at Breakers Dining Facility every Thursday at 1800. Please contact TSgt Sheila White, 6-0039 or SSgt Bethany Lopez, 6-5496 for more details. (30SVS/SVMX)

d. Lawn Care Service: A volunteer is needed to be the POC for the Lawn Care Service that is provided for the families of Deployed Airmen. The POC would be in charge of designating new families to an established Team and setting up the schedules for the squadron volunteers. Please contact TSgt Sheila White at the Family Support Center, 6-0039, for more information. (30SVS/SVMX)

Family Support Center: (30MSS/DPF, 6-0039) To pre-register for all classes, workshops, and seminars, call the designated point of contact, or visit www.php-ids.com.

a. Office Hours: Family Support Center (FSC) customer service hours are from 0800—1600 except on Monday when the center will be closed for staff training from 0730—0930. Personnel requiring *emergency* Air Force Aid will be assisted. Call 6-0039.

b. BabyMeet: If you are pregnant or the parent of a baby between the age of newborn to 2 years, this is an opportunity to get together with other families for discussions and socialization. This group meets every Wednesday, 0900—1000 at the Base Library. For more details call Katie at 734-6758 or Anna at 734-6606.

c. Playtime For Tots: They meet Friday mornings at 1000—1100 at the Religious Education Center. This playgroup is for parents and their children ages 2 to 5. For more information call Jill at 757-9044.

d. Manage Your Move: Wednesday, 8 Dec 04, 0845-1130 at the Family Support Center. For adults on the move, includes briefings from Housing, TMO, Finance, Legal Office, and tips form TRICARE. An overseas cultural adaptation segment follows at 1100—1130. Have your questions ready and plan to attend within 90-120 days prior to departure. Spouses are encouraged to attend. You can schedule yourself for this briefing by accessing www.php-ids.com.

e. The Mechanics of Resume Writing: Thursday, 9 Dec 04, 0900—1100 at the Family Support Center. Prepare or update your resume for your job search, separation, or retirement! Learn about different types of

resumes, resume do's and don'ts, and tips on building a powerful resume that will get you an interview. Participants will compile a rough draft of their selected format. Workshop is open to all active duty personnel, family members, retirees, and DoD civilians. Schedule yourself for this briefing by accessing www.php-ids.com/.

f. Bundles for Babies: Friday, 10 Dec 04, 1400—1600 at the Family Support Center. This Air Force Aid Society Program covers proactive informational topics such as financing for expectant parents, lifestyle changes, infant CPR, Nursing Moms Program, and Give Parents a Break Program. Learn parenting skills, meet other expectant parents and receive a free gift for your precious bundle. Class is open to all ranks and is not limited to a first pregnancy. Bundles For Babies is for active duty Air Force members and/or their spouses (Marines, Army, Navy, and Coast Guard Personnel may attend, but are not eligible to receive a bundle). Please be advised not to bring children to the program. Please call 606-0039 for more information.

g. Care Packages: The Family Support Center invites deployed and remote family members, units/squadron to build care packages on Monday, 20 Dec 04 from 1100—1300, Bldg 10525. You may bring one to two small items to personalize your box, the rest will be supplied by the FSC. Please contact TSgt White at 606-0039.

h. Readiness Briefings: Readiness Briefings for Deployments and/or Remote TDYs will be conducted every Thursday from 0900—1000 at the Family Support Center. Please contact TSgt White at 606-0039 for more information.

30th Services Squadron: (30SVS/SVK, 6-0276)

a. Services Weekly Bulletin: Please take a look at our newly formatted Services Weekly Bulletin that will be updated weekly and can be found on our own 30th Services Squadron web site at the following link: www.30svs.com/NewFiles/documents/Bulletin_6Dec.pdf While visiting our web site, check out the Special Occasion Items under Outdoor Rec, Equipment Rentals for your holiday party needs. (30SVS/SVK)

b. Breakfast With Santa: This holiday favorite is back! Stop by the Pacific Coast Club on Saturday, 18 Dec 04 from 0900—1100 for this year's Breakfast With Santa. Enjoy a free breakfast, arts & crafts, a photo with Santa, and some great prize giveaways. For more information contact the Youth Center at 606-2152.

c. Worldwide Talent Contest: The first step towards Tops In Blue is local auditions. Air Force Entertainment is looking for vocalists, dancers, instrumentalists, comedians, dramatists, magicians, and technicians for future performances. The deadline for taped submission at Vandenberg AFB is 21 Jan 05. For more information on how to submit your audition for Tops In Blue, contact Lynn Warner at 606-0866 or 606-0276.

Education Center: (30MSS/DPHE, 5-5904)

a. New Allan Hancock College Classes: **Space 104** - Quality Management Control & Safety will be offered at the Allan Hancock College Lompoc campus beginning 24 Jan 05. **Space 128** - Materials & Processes will be offered at the Allan Hancock College main campus in Santa Maria beginning 27 Jan 05. These classes are part of Allan Hancock's new program "Electronics Technology - Space Operations." This A.S. degree is part of the new, nationwide National Science Foundation Space TEC grant initiative. For more information, please see www.spacetec.org/. Interested students can register online now through 22 Dec 04 and 3-14 Jan 05. Walk through registration is 18-19 Jan 05. Late registration takes place 24-27 Jan 05 and 31 Jan 05—3 Feb 05. Also, the following classes will be offered online this spring: Digital Devices and Circuits, PC Care and Upgrade, and Fundamentals of AC and DC Circuit Analysis.

b. Civilian Competitive Development Program (CCDP): The Civilian Competitive Development Program (CCDP) is an Air Force program designed to identify high potential civilian employees to participate in key leadership development programs. CCDP offers a wide variety of opportunities for permanent employees in grades GS-12 through GS-15 to help meet the long-term leadership needs of the Air Force. There are three areas for which a candidate may be nominated for. They are: Intermediate Development Education (IDE), Senior Development Education (SDE), and Long-term Academic Programs. CCDP is a competitive program that requires the first General Officer or Senior Executive Service (SES) member in the chain of command who is not the immediate supervisor endorse the nomination. The nomination call for CCDP typically runs from May through June, but it is imperative that anyone interested start working on their package early. More information on the nomination procedures and detail on the CCDP programs can be found at www.afpc.randolph.af.mil/cp/dpkd/ccdp/. Questions may also be directed to Ms. Barbara LeFebvre, Civilian Training Manager, at 5-5913.

c. Civilian Training Funds: The Civilian Training Office manages a training fund for all 30th Space Wing civil service employees. The Civilian Management Training Committee (MTC) meets monthly to review, prioritize, and approve/disapprove requests for training funds submitted by individuals or groups of

individuals assigned to 30SW organizations. The training can be from a private vendor or DoD agency, to include conferences where training is delivered. Tuition, travel, and/or per diem can be funded. A package must be submitted to the Civilian Training Office for MTC review. The package must include a DD Form 1556 (page one only), Letter of Justification to include a paragraph of why the training is necessary for the individual and what the impact would be if not received, a copy of the course brochure or syllabus, and registration information. Direct questions to Ms. Barbara LeFebvre, Civilian Training Manager, at 5-5913.

d. Pre-Retirement Seminar: The Civilian Training Office host a two-day Pre-retirement seminar biannually for those civil service employees who are five years or less from retirement. The course covers topics such as CSRS, FERS, Social Security, Medicare, Estate Planning, wills and trusts, as well as other subjects. If you are interested in attending this course please contact the Civilian Training Office at 5-5913.

e. Supervisory Courses: The Civilian Training Office is responsible for hosting the Civilian Personnel Management Course (CPMC) and the Military Personnel Management Course (MPMC). CPMC is a three-day course for those civilian and military members who supervise civilian employees. MPMC is a two-day course for civilian employees who supervise military members. Both courses are mandatory courses. If you are in need of this training please contact the Civilian Training Office at 5-5913.

f. Embry Riddle Aeronautical University: ERAU offers associate and bachelor degree programs in Professional Aeronautics (ASPA/BSPA) and Technical Management (ASTM/BSTM). We also offer three graduate programs: Master of Science in Management (MSM), Masters of Business Administration in Aviation (MBA/A) and Master of Aeronautical Science (MAS). The MAS has eight specializations including Safety and Space. The graduate classes are offered at our off base location at 3875F Constellation Road, Lompoc. For current information regarding registration, admissions and our programs call the office at 805-734-4076 or 606-6557. Registration for resident classes will begin 14 Dec 04 and lasts until classes begin 03 Jan 05. Additionally we have an extensive online catalog and over 150 locations worldwide. The next online term begins 15 Jan 04 for undergraduates and 7 Jan 04 for graduates with registration due two weeks prior to course beginning. Our application is now available online at <https://app.applyyourself.com/?id=erau-ec> making applying to Embry-Riddle a snap! Stop by and see us in the Education Complex, 144 Wyoming Ave. Room A-1. Office hours are Monday—Thursday, 0830—1730 and Fridays, 0800—1200. Our e-mail is Vandenberg.Center@erau.edu. (ERAU)

Computer Training: (InDyne, 6-3771)

a. Personal Computer Systems Training: Sign up now for the new Windows XP and Outlook 2003 Overview courses. Workgroup Managers (WMs) have registration priority. To register, reply, or, e-mail PC.Training@vandenberg.af.mil. **Note:** Walk-ins are always welcomed.

b. Computer Tip: Running macros in **PowerPoint** easily - If you find yourself repeatedly running a macro, or using several different macros, you'll quickly tire of choosing **Tools | Macro | Macros** to access the available macros in the Macro dialog box. You can save a considerable amount of time in the long run by assigning a macro to a toolbar button or creating a customized toolbar or add-in containing several macros. However, in the interim, you can also save some time by pressing **[Alt][F8]** to launch the Macro dialog box.

c. Available Classes: Following are classes scheduled, which have open slots:

Class	Date(s)	Time	Bldg
Access 2003 Basic	13-17 Dec 04	0800—1100	Bldg 9360
IAAP Managers	15 Dec 04	0800—1130	Bldg 6525
Information Technology EC	15 Dec 04	0900—1100	Bldg 9325
LAN Access Training	10 Dec 04	0800—1100	Bldg 9360
LAN Access Training	15 Dec 04	1300—1600	Bldg 9360
Outlook 2003 Overview	8 Dec 04 thru 17 Dec 04	0800—0930 or 1430—1600	Bldg 9360
PowerPoint 2003	13-17 Dec 04	1300—1600	Bldg 9360
Windows XP	8 Dec 04 thru 10 Dec 04	0800—1100 or 1300—1600	Bldg 6510

Items For Sale:

For Sale: 2003 Honda Accord EX, silver, black leather, 4 DR, 4 Cyl, 38K mi, AC, CD, sunroof, heated seats, all power, Xlnt cond. Books for \$18,100 asking for \$17,500/obo. Call Justin/Kim 934-2367.

For Sale: 2003 Honda Accord LX, silver w/black interior, 4 Cyl., 5-spd, 3-yr/36K mile warranty, tinted rear windows, AC, CD, power windows, 23,000 miles, excellent condition. \$16,100. Call 929-2831, ask for Jeff.

For Sale: 2002 Honda Civic EX 4 door, blue, 29k miles, remote, fully loaded, retail is \$16k, pay half \$7,995 salvage title (previous hail damage) has been repaired. Call 734-0507.

For Sale: 2001 Mazda MPV, 47K miles, 6 Cyl, auto, AC, AM/FM/CD, tint, alloys, beige, all service records, \$10,990/obo. Call 734-1278.

For Sale: 1998 Jeep Grand Cherokee 4x4 needs differential, \$1,200; Kenmore 90 washer & 80 dryer, \$450 both; TV stand black, \$35; remote control chopper \$400; call leave message at 805-315-0579/315-0881.

For Sale: 1995 Mitsubishi 3000GT SL, loaded, 92K miles, asking \$9,000/obo. Call 348-3305.

For Sale: 1994 Jeep Grand Cherokee, 6-cylinder, power everything, 120K mi., \$4,000/obo. Call 348-3305.

For Sale: 1992 Ford Explorer, white, 4DR. Asking \$2,700. Call Charles at 734-7669/588-7077.

For Sale: 1992 Mercury Grand Marquis LS. White w/navy blue leather interior. 176K miles. Alpine detachable face CD player, recently replaced tires. Reliable, roomy, \$1500/obo. Call 588-7512.

For Sale: 1990 Ford Aerostar XL, CC/AC/PS/Rear ABS/good tires. Runs and drives great! 148K miles. Asking \$1,200/obo. Call 734-1320.

For Sale: 1985 Chevy Caprice sedan, 133k miles, great condition throughout, very clean, cruise control, can be seen at Base Resale Lot, \$1800/obo. Call 734-0507

For Sale: 1974 Porsche 911, 3.0 liter conversion, crank-fire ignition, Carrera tensioners, more...; many suspension upgrades, 8" & 7" Fuchs; sunroof, CD. Asking \$12,000/obo. Call 736-8925.

For Sale: 1971 Ford Torino, 4DR, 78,000 miles, 351 Cleveland engine, runs very strong! Asking \$1,200. Call Charles at 734-7669/588-7077.

For Sale: 1964 Corvair Monza convertible. 110 motor, 3-speed, yellow with black interior. Asking \$3,500. Call Phil at 574-0136/343-3037.

For Sale: 2002 Harley-Davidson Sportster 883, metallic red, less than 500 miles, thousands in extras. Asking \$6,200/obo. Call 734-1154.

For Sale: 2002 Kawasaki KLX 110 off road bike in Xlnt condition w/less than 20 hours. Perfect beginner bike & a great Christmas gift. Needs nothing but a new home. \$1,000. Please call Tim at 934-2707 FMI.

For Sale: 2002 KTM SX 400, 4-stroke Motocross. New: tires, chain sprockets, tall soft seat, full race exhaust (Big Gun), Suspension (fins up) Race tech Gold valves & springs for 200lb rider. \$3,500/obo. Call 588-4953.

For Sale: 2002 Honda CR80 Dirt Bike, Pro Taper Bars, PBI sprockets and chain, FMF Turbine Core II, Newer fork seals, and many spare parts. \$1,500. Call 733-1219 or 588-2817.

For Sale: 1992 Honda Shadow 1100cc, new voltage regulator, needs new back tire. Runs well. Asking \$1,800. Call Steve at 934-7882.

For Sale: 1986 VFR F, rare motorcycle, factory 180 racing cammed, front suspension recently rebuilt, new chain, sprockets, & brakes. After market Kerker exhaust. Includes 2 helmets & a tank bag. BB \$2,500, sell \$2,400/obo. Please call Tom at 291-0347.

For Sale: Diamond cut galvanized aluminum tool box. Fits mid-side trucks (from a Dodge Dakota). First \$150 takes it. FMI call 734-0215.

For Sale: Glider/rocker \$35/obo; FP Jumperoo \$30; FP Aquarium swing, \$45, Littermaid automatic litter box \$50 w/privacy tent. Camaro parts also available. Please call Dan/Sabrina at 734-1766/530-863-0487.

For Sale: Waterbed with very nice solid oak frame, asking \$150. Call 736-8925.

For Sale: Maytag Dryer. Runs like a champ. \$50. Call 734-0886 or 588-0976 and leave message.

For Sale: Kenmore washer 90 Series & dryer 80 Series, \$450 both. Call 315-0881, leave name & number.

For Sale: Bakers rack, pewter and emerald green. Bought a couple of years ago for over \$1,000, selling for \$250. Call 348-3305.

For Sale: Piano, upright, great for practice, must sell soon, have orders, \$200; workout machine, similar to SoloFlex, work chest, arms, back and legs (complete body workout) only \$75. Call 734-0507.

For Sale: Solid oak space-saver bed (twin size bed); matching nightstand, dresser and desk available. For more information, call Troy at 736-3580.

For Sale: Medium blue sofa, loveseat, and recliner. All ends recline, very good condition. All 3 pieces for \$500. Please contact Cynthia at 757-8218.

For Sale: Shih-Tzu puppies females \$600 and males \$500. We have papers and parents are on premises, they are gorgeous, will be ready 6 Jan 05, taking deposits now. Call 734-0507.

For Sale: Golden Retriever puppies. 5 male/5 female. AKC registered. First shots. \$500 male/\$550 female. They will be available 18 Dec 04, perfect for Christmas! Taking deposits. Call 734-0115/757-1475.

Wanted: Packing boxes in preparation for our move. Please call Rachael or Ian at 734-1210.

Yard Sale: Sat & Sun, 11-12 Dec 04, 0800-1700, 412 Claremont Ct. Main Housing. Queen bed, w/2 night stands, dresser w/mirror & armoire, \$300; black sofa & love seat, \$70/obo. Washer & dryer \$50/obo.